

Armor of God

A Family Fun Idea by Joshua's House

"Finally, be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand." Ephesians 6:10-13



Have you ever had a day when you need an activity to keep your kids occupied for a while, or maybe you need a family worship idea that's meaningful and will last for several days. Either way, this activity is sure to be a winner with your kids and will help them to learn the importance of the tools God has given us to remain strong during spiritual warfare. All you need is some construction paper, tape, and a little creativity.

As Family Worship

Begin by reading Ephesians 6:10-18 together. Take a little time to explore the passage. What is the battle we are fighting? Why do we need armor? Get your kids thinking. Each day, explore one piece of armor a bit further. If you start with the belt of truth, talk about what truth means. Maybe you can think of an example of truth as a family. What does it have to do

with you? When you are finished discussing each day, you can make the corresponding piece of armor. [Click here for instructions for an entire suit of armor.](#)

As a Rainy Day Activity

Get your kids started by reading Ephesians 6:10-18 together. Give your kids plenty of construction paper, glue and this set of instructions. Make sure to check back with your kids regularly to see how their armor building is going. When they are all done, be sure to take some time to ask them about each piece of armor and how it will help them as they fight the good fight.

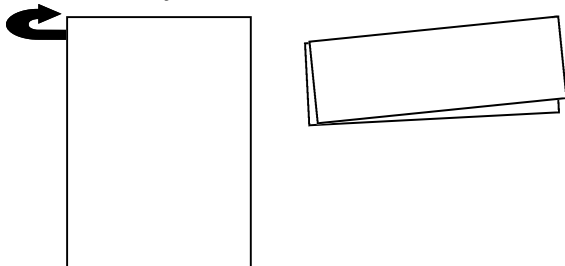
The Belt of Truth

Suggested Materials:

- Several Sheets of paper
- Staples (with stapler) or tape
- Scissors
- Pencil, crayons, markers or colored pencils
- Two paper clips
- Glue (optional)

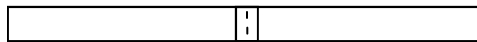
Step #1—Fold Your Paper

Let your child choose the paper he wants for his belt. Fold it lengthwise as many times as you would like, depending on desired belt thickness. Repeat step #1 with enough paper to go around your child's waist.



Step #2—Attach Folded Papers

Attach all of the folded papers together using either tape or staples. If available, staples tend to work better. Attach all pieces. Do not attach the last two pieces that make the belt a loop yet.



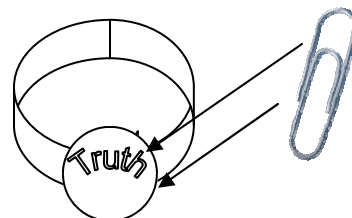
Step #3—Make a Belt Buckle

Let your child cut out a round piece of paper to go over where the belt attaches in the front. It can be as big or small as she chooses. Let her decorate it, encouraging her to write the word "truth" somewhere on the buckle.



Step #4—Attach the Buckle

Glue, staple or tape the belt buckle to one end of the belt. Wrap the belt around your child and use two paper clips to attach the belt at the waist.



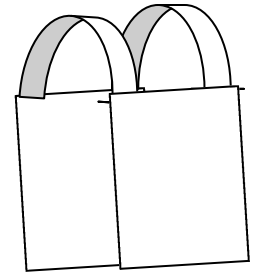
The Breastplate of Righteousness

Suggested Materials:

- Several Sheets of paper
- Single hole punch and yarn or Heavy tape like masking tape or duct tape
- Scissors
- Stapler with staples or tape
- Pencil, crayons, markers or colored pencils

Step #1—Make it fit

Hold one piece of paper on your child's chest where you would like the breastplate to sit, and the other on her back. Using either the yarn or strong tape attach them together so that they will hang on her shoulders. Make sure to leave enough room for her head to fit through.



Step #2—Adjust size

You want to make sure the breastplate goes down far enough for your child's belt to cover it. If needed, staple or tape another piece of paper to the bottom of the breastplate on each side. Cut off any extra paper

Step #3—Decorate

Let your child decorate his breastplate, encouraging him to write the word "righteousness" somewhere on it.

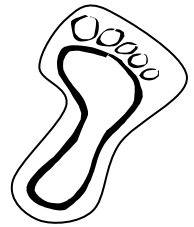
Ready Feet

Suggested Materials:

- Several Sheets of paper
- Scissors
- Stapler with staples or tape
- Pencil, crayons, markers or colored pencils
- Cardstock or cardboard (optional)

Step #1—Trace, trace, trace

If you have cardboard, or a heavy cardstock, that will work best for this step. However, plain paper will work just fine. Have your child stand on a piece of cardboard, then trace around his feet. You will want to trace a shape that is a little bigger than his actual foot. This can be done with his shoes on or off.



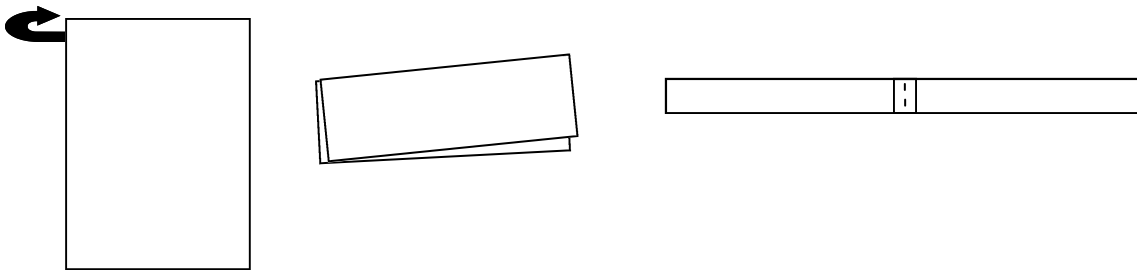
Step #2—Cut

Cut out the shapes that you just traced.



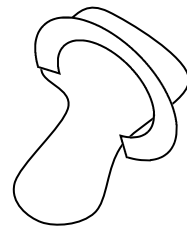
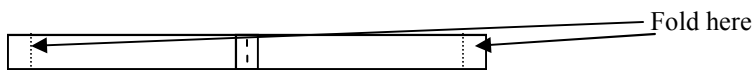
Step #3—Make a Strap

Fold a piece of paper lengthwise. You may need to attach multiple pieces of paper to make a strap long enough to go over your child's foot with about an inch extra on each side. (See steps 1-2 for Belt of Truth) Let your child decorate the straps for her sandals, encouraging her to write the words "gospel of peace" along the straps.



Step #4— Attach the Straps

Fold each end of your strap about an inch or half inch. Tape, staple or glue these ends onto the cardboard pieces you cut out. You can either attach them on the top or on the bottom.



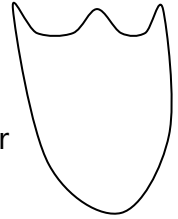
Shield of Faith

Suggested Materials:

- A couple sheets of paper
- Scissors
- Tape or glue
- Pencil, crayons, markers or colored pencils
- Cardstock or cardboard (optional)

Step #1—Make a Shield Outline

If you have cardboard, or a heavy cardstock, that will work best for this step. However, plain paper will work just fine. Have your child draw a shield shape on her paper. Encourage her to make it as big as she can on the cardboard or paper she has. If she wants to, she can use multiple pieces and attach them.



Step #2—Cut

Let your child cut out the shape she just made



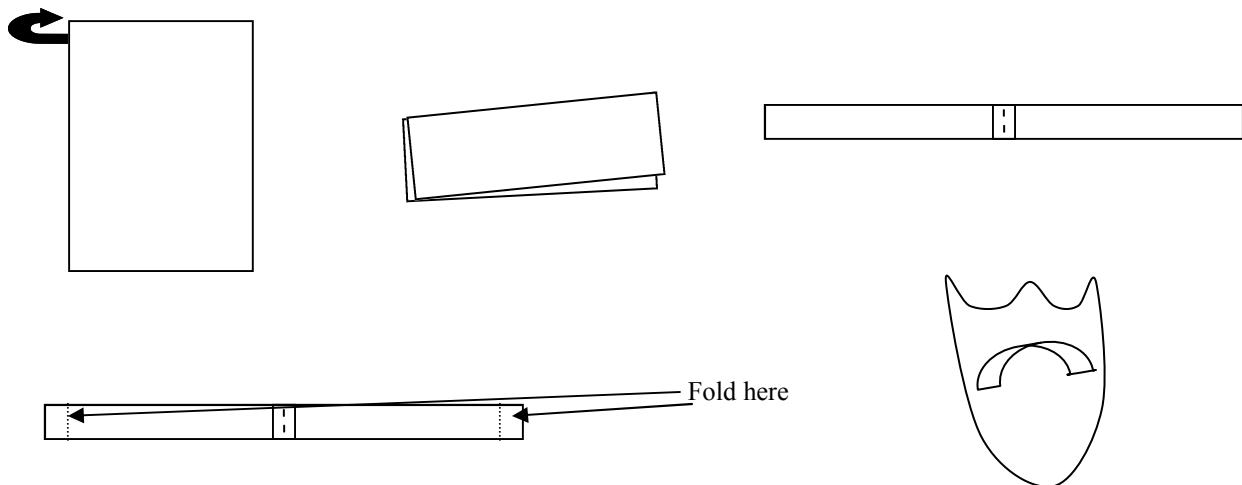
Step #3—Decorate

Let your child decorate his shield, encouraging him to write the word "faith" somewhere on the shield.



Step #4— Make a Strap

Using folded paper, make a strap on the back of the shield so your child can hold on to it. (See steps 3 and 4 of Ready Feet).



Helmet of Salvation

Suggested Materials:

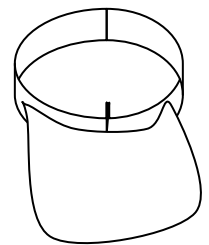
- Several Sheets of paper
- Scissors
- Tape or staples
- Pencil, crayons, markers or colored pencils
- Yarn or string
- Single Hole Punch

Step #1—Make a Head Band

Using the same technique that you used to make a belt, make a headband that fits snugly around your child's head. Before attaching the ends, encourage your child to write the word "Salvation" on their head band. You will attach the ends together permanently by using staples, glue or tape.

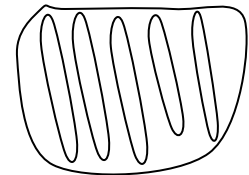
Step #2—The Back Piece

Cut out a piece of paper to cover the back part of your child's head and attach it on the back of the headband.



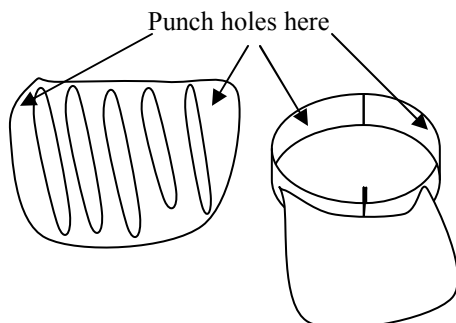
Step #3—The Front Piece

Cut out a front piece similar to the back piece to cover the face. Cut slits all along the piece like this:



Step #4— Attach the Front Piece

Punch one hole on each of the top corners of the front piece. Punch a corresponding hole in for each hole in the front piece where you want it to attach on the headband. Cut two small pieces of yarn. Lace one end through the hole on the front piece that corresponds with the hole in the headband. Tied the yarn loosely so that the front piece will move up and down. Repeat with the other side.



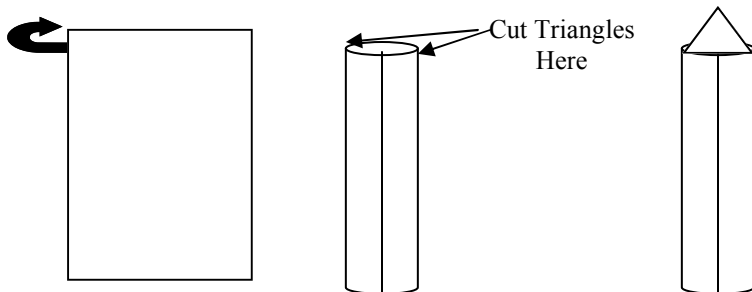
Sword of the Spirit

Suggested Materials:

- Several Sheets of paper
- Scissors
- Tape, glue
- Yarn or string

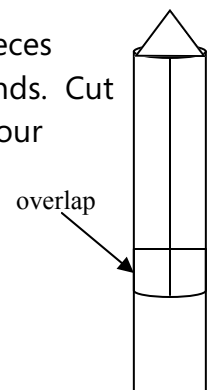
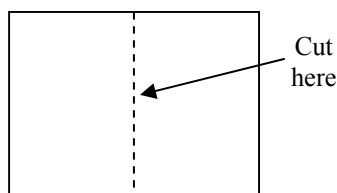
Step #1—The Blade

Chose one sheet of paper and roll it up longways to whatever size your child would like his blade to be. Tape or glue the paper roll together. Cut two triangles on opposite sides on the top of your blade. Fold the edges into a triangle shape to create a point on both sides of the blade. Bring the two points together and tape them closed.



Step #2—The Handle Part One

Cut a piece of paper in half so you have two short pieces. Wrap one of the pieces around the bottom of your blade until it overlaps enough to attach the two ends. Cut off any excess paper. Attach the handle about one inch from the bottom of your blade, then wrap it around and attach the ends together.



Step #3—The Handel Part Two

Tightly roll up the other half of the paper lengthwise to make the cross part of your handle. Cut two holes across from each other in your handle just big enough to stick the cross piece through the holes. Slide the paper through the holes you just made.

