

## When your child is afraid of storms, thunder, lightning and other weather conditions

Storms can be frightening for kids of all ages. Loud crashes and strikes of lightening leave a child feeling helpless as a storm rages all around him. On the following pages you will find Bible verses, stories, hymns and other activities that you can use to help your child grow closer to God in a storm.



### Texts to keep in mind (specifically related to storms)

Psalm 46:1-2

Psalm 107:28-29

Isaiah 25:4a

### Hymns and songs about storms

While singing or listening to any songs with your child will be helpful, here are a few that are particularly relevant.

"A Shelter in the Time of Storm"

"Standing on the Promises"

### From the Bible

Children aren't the only ones who are frightened by storms. The disciples, full grown men, struggled with this as they sailed across the sea. You can find the story in three places in the Bible: Matthew 8:23-27, Mark 4:35-41, and Luke 8:22-25. Based on the age of your child, you can read the story to her, tell it in your own words, or let her read the story to you. Talk about the passage a little bit, emphasizing the idea that Jesus can calm the storm.

### Find out about it

In the case of storms, it can sometimes be helpful to talk to your child about what lightening and thunder really are. It might also help to go over some safety tips with them. If you don't know much about these weather phenomenon yourself, this might make for a wonderful excuse to go to the library.

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As for me and my house...



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...we will serve the Lord.

The next few pages contain some activities for you and your children to do. Here is what you will find:

- A Bible verse that can be colored
- A text that needs to be illustrated
- A storm cloud to write a verse on (It will help your child remember that God is stronger than any storm.)

*God is so big that He is more powerful the rain, thunder, lightening and all of the weather here on earth. Draw a picture of Jesus calming the storm.*

He stilled the storm to a whisper;  
the waves of the sea were hushed.  
~Psalm 107:29



"God is our refuge  
and strength, an  
ever-present help  
in trouble.



Therefore we will  
not fear, though  
the earth give way  
and the mountains  
fall into the heart  
of the sea."



~Psalm 46: 1-2



Cut out this storm cloud and write a Bible verse on it that will help you to remember that God is stronger than any storm. You can look at it whenever you are afraid of thunder, lightening or any fierce weather.

